

Road To Pentecost: “He Is Risen...Now What?”

Week Overview

This week explores what happens **after the resurrection**—when Jesus meets His disciples in fear, speaks peace, restores purpose, and begins preparing them for the Holy Spirit.

Spiritual Focus Areas:

- Moving from fear to faith
- Receiving the peace of Christ
- Embracing divine assignment
- Preparing for spiritual empowerment



Day 1: When Fear Locks the Door

Scripture Reading:

- John 20:19
- 2 Timothy 1:7

Key Insight:

The disciples were physically alive—but spiritually paralyzed by fear.


Fear has a way of:

- Closing doors
- Silencing faith
- Delaying purpose

Reflection Questions:

1. What fears are currently “closing doors” in your life?
2. How has fear affected your faith or obedience?
3. Where do you need God to step in despite your fear?

Activity:

 Write down your top 3 fears.

Pray over each one and declare:

“God has not given me a spirit of fear.”



Day 2: Jesus Enters Closed Spaces

Scripture Reading:

- John 20:19
- Psalms 139:7–10

Key Insight:

Closed doors cannot keep Jesus out.

He enters:

- Emotional walls
- Spiritual distance
- Hidden struggles

Reflection Questions:

1. What areas of your life have you “closed off”?
2. Do you truly believe Jesus can meet you there?
3. What would change if you invited Him in?

Activity:

Quiet Time Exercise (10 minutes):

Sit in silence and say:

“Lord, You are welcome in every part of my life.”



Day 3: Peace Before Purpose

Scripture Reading:

- John 20:19, 21
- Philippians 4:7

Key Insight:

Jesus speaks peace before He gives assignment.

Peace is:

- Not the absence of trouble
- But the presence of God

Reflection Questions:

1. Are you operating from peace or pressure?
2. What areas of your life feel unsettled right now?
3. How can you intentionally receive God's peace daily?

Activity:



Declare this aloud 3 times:

“The peace of God guards my heart and mind.”



Day 4: Evidence That Builds Faith

Scripture Reading:

- John 20:20
- 1 Corinthians 15:17

Key Insight:

Jesus showed His wounds to strengthen their faith.

Your faith grows when you:

- Remember what God has already done
- Reflect on past victories

Reflection Questions:

1. What has God already proven in your life?
2. When have you seen His faithfulness clearly?
3. How can remembering those moments strengthen you now?

Activity:



Faith Journal:

Write 3 testimonies of God's faithfulness in your life.



Day 5: Sent Before You're Ready

Scripture Reading:

- John 20:21
- Matthew 28:19

Key Insight:

God sends people who are still growing.

You don't need:

- Perfect understanding
- Perfect confidence

You need:

👉 **Willing obedience**

Reflection Questions:

1. Where is God calling you to step out?
2. What is holding you back from saying "yes"?
3. What would obedience look like this week?

Activity:



Take one bold step:

- Encourage someone
- Share your faith
- Serve intentionally



Day 6: The Breath of New Life

Scripture Reading:

- John 20:22
- Genesis 2:7
- Romans 8:11

Key Insight:

Jesus breathes life before releasing power.

This represents:

- New identity
- Spiritual renewal
- Preparation for what's next

Reflection Questions:

1. Do you see yourself as spiritually renewed?
2. What old mindset needs to be released?
3. How is God preparing you for greater things?

Activity:



Prayer Moment:

Ask God to renew your mind and spirit.

Say:

“Lord, breathe new life into me.”



Day 7: Understanding Unlocks Transformation

Scripture Reading:

- Luke 24:45
- Ephesians 1:18

Key Insight:

Spiritual understanding leads to spiritual transformation.

You cannot walk in what you do not understand.

Reflection Questions:

1. What has God revealed to you this week?
2. How has your perspective changed?
3. What will you do differently moving forward?

Activity:



Write a personal declaration:

“Because He is risen, I will...”

(Finish the statement based on what God showed you this week.)

Weekly Reflection & Group Discussion

Discussion Questions:

1. Which day impacted you the most and why?
2. What fear did God begin to address in your life?
3. How has your understanding of purpose changed?
4. What step of obedience will you carry into next week?

Closing Prayer

“Lord Jesus, because You are risen, I refuse to remain in fear.
Speak peace into every area of my life.
Help me to embrace Your assignment and prepare my heart for Your Spirit.
Open my understanding and transform my life.
In Jesus’ name, Amen.”

Weekly Declaration

“Because He is risen, I walk in peace, I embrace my purpose, and I prepare for His power.”